



DANCE FOR PARKINSONS

In Dance for PD® classes, participants are empowered to explore movement and music in ways that are refreshing, enjoyable, stimulating and creative.

INSTRUCTED by Pamela Scherer Hin

EVERY FRIDAY 10:45-12:00

1328 University Ave

Rochester, NY 14607

REGISTRATION 595-469-0201

LINDSAY@WELLNESS360FITNESS.COM