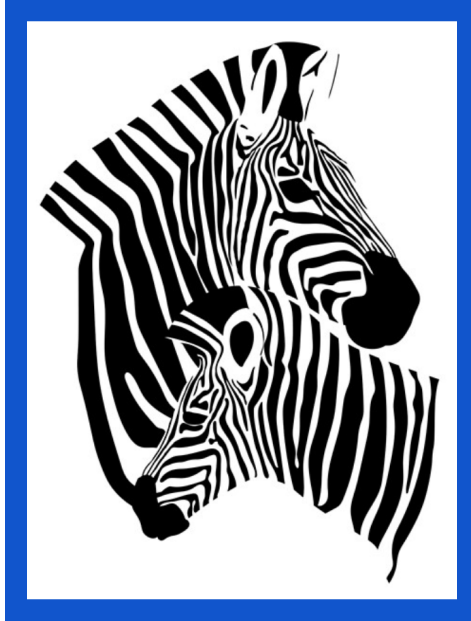


Living Your Best Life with Hypermobility/EDS

At Callan-Harris Physical Therapy



When:

Ages 8-25: Thursdays 4 - 4:50 pm

Ages 25+ : Thursdays 2 - 2:50 pm

\$ 18 / class drop in

\$ 150/ 10 Class Card

Where:

Callan-Harris Physical Therapy

1328 University Ave

Rochester, NY

Space is limited please call to reserve
(585) 482-5060

Classes Start June 9th

Focus on:

Joint Stabilization, Increase tolerance for Exercise and Recreational Activities,
self taping/bracing techniques, Tips and Tricks for living with Hypermobility

Taught By: Sarah Jane Carlton PT, DPT, MFA; Physical Therapist, Teacher, Dancer, Choreographer; specializing in Hypermobility and Performing Arts Therapy. email sarah@chptusa.com for more information.